

LUNCH

Mt. Diablo Unified School District
SEPTEMBER 2018
Sequoia Elementary

Daily Choices Include:
Fresh Seasonal Fruit, Salad bar, 1% Milk &
Non-Fat milk

Monday

Tuesday

Wednesday

Thursday

Friday

3



4

Charbroiled
Cheese Burger
w/ Roasted Potatoes
or
Bean & Cheese Nacho's

5

Cheese Stuffed
Bread Stick
or
Spaghetti with Meat Sauce
And
Breadstick

6

Orange Chicken with Rice
or
Yogurt & Granola Parfait

7

Cheese Zombie
or
Chicken Fried Rice
w/ Fortune Cookie

10

Mac & Cheese
with Roll
or
Corn Dog

11

Bean & Cheese Burrito
or
Chicken Chow Mein

12

Creamy Pesto Pasta
or
BBQ Chicken Burger
served w/
Fries

13

Turkey Club Sandwich
or
Penne Pasta w/ Marinara

14

Pepperoni Pizza
or
House Made Grilled Cheese

17

Crispy Chicken Strips/Fries
or
Penne Alfredo with Roll

18

Charbroiled
Cheese Burger
w/ Roasted Potatoes
or
Bean & Cheese Nachos

19

Cheese Stuffed
Bread Stick
or
Spaghetti with Meat Sauce
And
Breadstick

20

Orange Chicken with Rice
or
Yogurt & Granola Parfait

21

Cheese Zombie
or
Chicken Fried Rice
w/ Fortune Cookie

24

Mac & Cheese
with Roll
or
Corn Dog

25

Bean & Cheese Burrito
or
Chicken Chow Mein

26

Creamy Pesto Pasta
or
BBQ Chicken Burger
served w/
Fries

27

Turkey Club Sandwich
or
Penne Pasta w/ Marinara

28

Pepperoni Pizza
or
House Made Grilled Cheese

Make online payments with Titan @
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Do we have a job for you or someone you know!
Part-time work is now available in our school cafeterias.
Shifts are 2-3 hours long.
Starting salary is \$12.45 per hour.

MENU IS SUBJECT TO CHANGE
WE ARE AN EQUAL-OPPORTUNITY EMPLOYER